

**BE TRUE TO YOUR SCHOOLS
FALLSTON 5K RUN
1 MILE GATOR RUN/WALK**

Saturday, November 1st, Rain or Shine
Fallston High School
2301 Carrs Mill Road

COMMUNITY EVENT* *BENEFITS FALLSTON AREA SCHOOLS
CASH PRIZES* *DOOR PRIZES* *FREE T-SHIRT

**PREMIUM RACE BAGS TO 1ST
200 REGISTRANTS!**

Registration & Race bag pick-up:

- Thursday, Oct 30th 5-7 pm at Charm City Run in Bel Air
- Friday, Oct 31st : FHS Lobby 6:00 – 8:00 pm
- Saturday, Nov 1st (Race Day) : FHS 7:00 to 7:30 am

RACE DAY AGENDA

7:00-7:30am Registration and Ankle Chip Pick-up
7:30 am Warm up
8:00 am 5K Race starts*
8:05 am 1 Mile Gator Run/Walk starts
9:00 am Awards ceremony
*Charm City will provide timing and scoring using ankle chips for the 5k only.

AWARDS:

5K RACE: CASH PRIZE OF \$100 to top male/female overall winner, \$30 and \$20 gift certificates to Charm City Run will be awarded to 2nd and 3rd place overall male/female winners . **CASH EQUIVALENT PRIZE of \$25 to top male/female FHS, FMS, YBES & FLES STUDENTS AND NEW THIS YEAR: Be the fastest teacher / School Admin (male/female) from these 4 schools and win a special prize!** Awards will be given to the top 1st - 3rd place male / female finishers in each of the following age groups: 11 and under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ 1st place male/female only.

1 MILE GATOR RUN: Awards will be given to the top 1st – 3rd place male/female finisher in the following age groups: 7 and under, 8-9, and 10-11.

COURSE:

Start on Carrs Mill Rd in front of Fire Station, turn left onto Route 152, travel down Route 152 to Connolly Road, return back other side of Route 152 to Carrs Mill, turn into first entrance to Fallston High School, finish in front of Fallston Middle School. (Route 152 will be closed to traffic for 1 hour).

HOW TO REGISTER:

Fill in registration form (2nd page) and mail. **ONE FORM PER PARTICIPANT.** Each participant must sign the waiver at the bottom of the registration form. This form can be copied or downloaded from www.fallston5k.com. Online registration is available for an additional fee through www.Active.com.

Questions? Want to be a sponsor? Want to help? Go to www.fallston5k.com for more information or e-mail btty@comcast.net

